



Chef Express

This Program is designed for STUDENTS ON A MEAL PLAN that cannot attend a meal due to college related activities or illness.

Name _____

Student ID# _____

Phone _____ Food Allergies _____

Please Allow at least 24 hours' notice

Today's Date _____ Meal Being Missed _____

Pick up Date _____ Pick up Time _____

Please choose any one (1) Sandwich or Light Fare Platter

| <u>Sandwiches</u> | <u>Bread</u> | <u>Extras</u> | <u>Condiments</u> |
|---------------------|-------------------|-----------------------|---------------------|
| Roast Beef _____ | Hard Roll _____ | American Cheese _____ | Mayo _____ |
| Turkey _____ | White Bread _____ | Provolone _____ | Mustard _____ |
| Ham _____ | Wheat Bread _____ | Lettuce _____ | Honey Mustard _____ |
| Hummus & Veg _____ | Rye Bread _____ | Tomato _____ | Pesto Mayo _____ |
| Tuna Salad _____ | Wrap _____ | Onion _____ | Italian _____ |
| Chicken Salad _____ | | | Ranch _____ |
| PB&J _____ | | | Russian _____ |

Light Fare Platters

- Large Tossed Salad Platter _____
- Chicken Caesar Salad _____
- Chef Salad _____

Beverages (1)

- Chocolate Milk _____
- Whole Milk _____
- 2% Milk _____
- Skim Milk _____
- Pepsi _____
- Diet Pepsi _____
- Sierra Mist _____
- Orange Juice _____
- Apple Juice _____
- Cranberry Juice _____
- Bottle Water _____

Please Choose any combination of **Three (3)**

selections from Snacks/Sides & Desserts:

Snacks/Sides

- Granola Bar _____
- Brownies _____
- Yogurt _____
- Chips _____

Desserts

- Cookies _____
- Orange _____
- Apple _____
- Banana _____



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Pick up Location: Main Dining Room or Camelot Room

Please choose any one (1) Hot Entrée

Pasta with Meatballs

Gluten Free Pasta

Vegetable Stir Fry

Grilled Chicken

Vegan Option of the Day

Macaroni & Cheese

Ravioli

BBQ Chicken and Rice

Soup of the Day

Chicken Tenders

Make your Own Salad option: Please list items that you would like in your salad